

Minutes of the Shutesbury Recreation Committee Meeting  
October 4, 2018

MINUTES APPROVED BY COMMITTEE DURING OCTOBER 22 MEETING

Present: Rita Farrell, Elizabeth Fernandez O'Brien, Christine Robinson, Christine Marglin  
Absent: BZ Reilly

Agenda:

The Committee's plans to organize continuation of the yoga and strength training classes, currently offered by the library, through the winter month period during which library sponsorship is suspended.

Hiking Trails maps to be posted on town website

Committee walk to try out Lake Wyola to Fisk Pond trail, in preparation for town wide walk of Lake Wyola to Fisk Pond trail

Recreation Committee Mission Statement

Rita called the meeting to order at 9:32 am.

Christine R. Passed out copies of the Committee's Mission Statement.

Rita: To continue yoga and exercise classes, it's necessary to determine their last library-sponsored dates. Elizabeth called Mary Anne Antonellis, and determined that the Wednesday 9 am class will end November 28. Christine R provided the following dates:

Kathy Sward's Strength Training classes end November 15

Kathy's therapeutic yoga class ends November 20

Sasha Rivera's Wednesday 9 am yoga class ends November 28

Rita: Thereafter we need to see if we have teachers available through March when the library again picks up the classes. We will ask Kathy if she is available to continue. We will ask Sasha if she is available to continue. If Sasha is not available, she will refer us to other yoga teachers.

Once dates and teachers are confirmed, we will ask class participants to register and pay up front for, supplementing from the Committee's \$750: budget to a small extent if needed. Sasha receives \$50 per class, Kathy \$65, per class. Process for registration and payment will be determined. A minimum of ten registrants per class will be required;

there will, be a maximum of thirteen. If the minimum is not met by a deadline to be determined, classes will not be held.

Rita reported that she has finished outlines of Shutesbury trails from Bert, Gary and Mark. She set herself the deadline of October 11, one week from today, to complete her work on the outlines and submit them for inclusion on the town website, with the intention to send them to Bert, Gary and Mark prior to that date for any necessary corrections.

The Committee will walk the Lake Wyola to Fisk Pond trail October 15 at 9 am, meeting at the Lake Wyola parking lot. Elizabeth will make the call to reschedule in the case of inclement weather.

Town walk of the trail to be held October 21 at 1 pm, with a rain date of October 28 at 10:30. Elizabeth will post the walk will be posted on Nextdoor Shutesbury. Christine R. Will include it in the Roadtown News. In the event of inclement weather, Elizabeth will post a sign at the Lake and post on Nextdoor Shutesbury. Rita will bring water and snacks to the walk.

#### Mission Statement:

At the last meeting, BZ asked the committee to think more broadly about our mission, specifically if public art projects fell within our range. We agreed that public art projects are included in our understanding, and discussed language to express broadening our mission statement, to the effect:

To enhance mental and physical health through community activities and opportunities, including both physical, creative, innovative, and that engage with town history.

It was noted that we will need to go before the Select Board to publicize our broader interpretation of our mission, and

Elizabeth made the motion to adjourn the meeting, seconded by Rita and approved by all.

Meeting adjourned 10:30 am.

Next Committee meeting: October 22 at 9:30.

Next trail meeting with all interested residents: November 7 at 7 pm.