Let's Talk HIGH Blood Pressure!

This education session will cover the American Heart Association (AHA) NEW blood pressure guidelines, treatment options & self-management strategies!

Where: Leverett Library
75 Montague Road
Leverett, MA 01054

When: Tuesday November 18th

Time: 5-6pm

Presented by Sarah Fiske, PhD RN CNL, Public Health Nurse for Leverett & Shutesbury



