

# CHECK YOUR FILTERS. BREATHE BETTER.

High pollen. Warm weather. It's filter check time.

## WHY IT MATTERS



An unseasonably warm spring and very high pollen counts mean more pollen, dust, and other particles in the air—inside your home, too.



Air filters trap these irritants, but they get loaded over time. A dirty filter reduces airflow and filtration efficiency, and may reduce the system's ability to remove airborne particles effectively.



Poor indoor air quality can trigger or worsen symptoms for people with asthma, COPD, allergies, and other respiratory conditions.



Most of us spend the majority of our time indoors. Clean air indoors supports better respiratory health.

## CHECK & REPLACE FILTERS IN:

### AIR CONDITIONERS (ACs)



Dirty filters reduce cooling efficiency, increase energy use, and can put extra strain on your system.

### HVAC SYSTEMS (HEATING, VENTILATION, AND AIR CONDITIONING)



Clean filters help maintain airflow, improve efficiency, and protect system components.

### INDOOR HEPA FILTERS (AIR PURIFIERS)



HEPA filters capture fine particles, including pollen, dust, and pet dander—when they are clean and in good condition.



All three play an important role in keeping the air in your home cleaner and safer to breathe.

## REPLACE REGULARLY



### CHECK MONTHLY

Inspect filters every month during periods of heavy use and high pollen.



### REPLACE EVERY 1–3 MONTHS

Depending on filter type, system use, and household conditions.



### FOLLOW MANUFACTURER GUIDANCE

Always follow the manufacturer's recommendations for your AC, HVAC, and HEPA filtration systems.



### LOOK FOR THE SIGNS OF A DIRTY FILTER:

- Visible dust and debris
- Reduced airflow
- More dust in your home
- Allergy or asthma symptoms worsening

When in doubt, check it out!

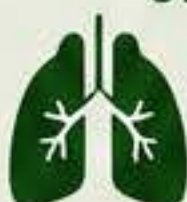


A SMALL TASK THAT CAN MAKE A BIG DIFFERENCE.

## CLEAN AIR. HEALTHIER HOME.



Fewer allergy and asthma triggers



Easier breathing



Improved indoor air quality



Better health for you and your family



## GOOD AIR STARTS WITH CLEAN FILTERS.

Routine filter maintenance helps maintain airflow and filtration efficiency and can reduce indoor exposure to airborne irritants—especially during high pollen season and throughout the cooling season.



Protect your lungs. Check your filters. Breathe easier. Your health is in the air.

