



FREE TICK BITE PREVENTION EVENT

Free Permethrin Shoe Spraying

DATE
September 14

TIME
4:00 - 6:00 PM

LOCATION
Deerfield Town Hall
Parking Lot, 8 Conway St, S. Deerfield

Rain date: September 21, 4:00 - 6:00 PM

Ticks are active across our area and can carry serious illnesses, including Lyme disease. Join us for a free community event to learn how to protect yourself and your family, and get your own shoes sprayed with permethrin -- a proven, long-lasting tick repellent -- at no cost.

Why Permethrin Shoe Spraying?

- Permethrin-treated shoes and clothing repel and kill ticks on contact.
- One treatment can protect footwear through multiple washes and weeks of wear.
- It's one of the most effective, low-cost tools for preventing tick bites outdoors.

What to Bring

- The shoes, boots, or sneakers you want treated (closed-toe shoes work best).
- Extra pairs are welcome if you'd like more than one pair sprayed.
- Note: treated shoes must not be worn for 24 hours after spraying, so plan to bring a spare pair for the rest of the day.

Also at the Event

- Tips for checking yourself, kids, and pets for ticks after outdoor time.
- Information on tick habitats and how to reduce ticks around your yard.
- Free educational handouts to take home.

Free and open to the public -- no registration required

Brought to you by Valley Health Regional Collaborative
Public Health Nurse Anne Mastrototaro, RN

Questions? Call Anne Mastrototaro, RN at 413-531-0661
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