## Winter Blues & Safety Series!

Join our discussion on tips and tricks to help beat winter blues (seasonal affective disorder) and stay safe during the winter season!

When: Thursday, February 20th @ 6 pm

Where: Leverett Public Safety Complex 95 Montague Road, Leverett

Sign up at: LeverettFire.com/Winter

Leverett & Shutesbury residents are welcome!
Information presented by
Public Health Nurse, Dr. Sarah Fiske,
and
Leverett Fire Chief, Brian J. Cook