

**Council on Aging Minutes for Virtual Meeting of September 11, 2024**

**Approved at the meeting of December 11, 2024**

Meeting called to order at 5:35 p.m.

A roll call of those present: Martha Favre (MF), Janis Gray (JSG), Jessica Makepeace (JM), Susan Millinger (SM). Absent: Jeanette Stockton (JS).

**Minutes of the Meeting of July 10, 2024:** *A motion was made to approve the minutes of the July 10, 2024 meeting as amended. It was seconded and passed unanimously by a roll call vote.*

**Minutes of the Meeting of August 10, 2024:** *A motion was made, seconded and approved by a unanimous vote to table the August minutes until we can discover how to deal with the notes of a meeting which lacked a quorum.*

**Business: September 10 Financial Report**

**Financial Update:**

**Funding remaining:**

Unspent:

EOEA grant: Can not be spent until made available by EOEA.

Available to spend: \$00.00

**Anticipated expenses (previously budgeted):**

Footcare: \$  
Fitness Classes: \$  
Geezette: \$

Total anticipated \$00.00

Balance of unbudgeted funds: 0\$00.00

**Anticipated expenses:**

FootCare Clinic (August) -\$ 420.00

Previous balance: -\$ 575.20

**New balance** **-\$ 948.20**

**Donation Account** **\$145.00**

**Explanation of Donation Account:** FootCare Clinic clients accidentally wrote checks to the COA rather than to FootCare by Nurses. The Accountant told MF that the money could go into a revolving fund, and suggested we could ask the Select Board if the COA

could have a gift account. MF and JS can meet with the Accountant next Tuesday at 11:30.

A motion was made, seconded and unanimously approved by a roll call vote to put the \$145 in the donation account towards FootClinic expenses. MF and JS are also to ask whether the \$200 the COA receives annually from the Town could go into a revolving account.

### **FootCare Clinic:**

In August, there were eight clients who came to Town Hall, and two who had home visits. Donations: \$95; one of clients of the home visits paid the full cost,

### **Review of the Cost of the Foot Clinic:**

-Question: Is the COA responsible for whatever amount the client does not pay for home visits, as we did during the period when the Clinic was not held in the Town Hall, but clients had home visits. Are there criteria for home visits? If not, should we develop some? JSG asks whether FootCare by Nurses might have criteria which we could use.

-Difficult situation: The eight August clients together paid \$95. One home visit was completely paid for. The charge for eight Town Hall clients for 4 ½ hours= \$470.

-JSG consults the website to remind us of charges by FootCare by Nurses: The charges are now: \$25 for a half-hour session and \$60 for each hour the Nurse is there, whether or not she has a client. So we are charged \$55 per client. The charge for a home visit is \$100: it used to be \$90.

-Problem: the COA cannot afford to pay the total charge if 8 clients in Town Hall together pay less than \$100.

-Decision: to ask Susan Gomberg (SG), manager of the Clinic, to inform clients that the real cost of each visit is \$55. MF will ask SG if when she calls each client to remind them of their appointment she can tell clients what the actual cost to the COA is, and that we would appreciate whatever donation is right for them.

-What do we say on our website?

**-Library Request for Funds:** The Library requested that we contribute to its planned Community Day event at the AC. After discussion, the COA decided not to contribute, First: we have no available funds! And second: would seniors be interested in attending this event? It seemed aimed at families with young children. A motion was made, seconded, and unanimously supported that the COA not support the event on Sept 28.

October Town Birthday Party is Sunday, October 6<sup>th</sup>. The sponsors asked the COA for \$100; they are willing to wait until our grant comes in to be paid. We know from last year's inaugural Town Birthday Party that the event attracts a lot of seniors. Motion was made, seconded and unanimously approved by a roll call vote to support the Town Birthday Party.

There will be tables at this party with space for committees' materials: discussion about what we want to communicate: to advertise for new members and to promote the

programs we offer: luncheon, foot clinic, the exercise classes we support, attended mainly by seniors, and programming with the Public Health Nurse. JM has agreed to organize the production of a flyer. The COA decided to return to the name Community Lunch for the lunch we sponsor.

**Letters from the COA:** JS is out of town, so we can't discuss her draft letter to the Select Board, reminding them of their responsibilities to contact FRTA to start the Call Service Shutesbury is eligible for.

**Scheduling Health Programs with the Public Health Nurse:** It was decided to schedule a 20-minute program with the Nurse on Bladder Health after the November 12 Luncheon. JSG will put this on the website.

-The Public Health Nurse's office hours in Shutesbury Town Hall: 9-11 a.m. on Mondays and Wednesdays except on the third Wednesdays, when she will be in Leverett because of conflict with the schedule of the FootCare Clinic. Regularly in Leverett, from 9-11 a.m. Tuesdays and Thursdays.

**Unanticipated business: The LifePath speaker** was at the recent Select Board meeting; MF attended but got kicked off. None of the other COA members attended.

**Next Meeting: Wednesday, October 9 at 5:30 p.m.**

**Adjournment:** *A motion to adjourn was made, seconded and unanimously approved in a roll call vote. Adjourned at 6:41.*

Respectfully submitted, Susan Millinger, Secretary